

WALKER WELLNESS CENTER

DECEMBER 2012

The Wellness Center is OPEN TO EVERYONE in the community!!

Please join us for FREE & FUN activities!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31					1
	County Holiday Wellness Center Closed!!					DESCRIPTION OF EACH ACTIVITY IS ON THE BACK
2	3	4	5	6	7	8
	Knitting Circle 9:30am – 10:30am Holiday Tree Deco. 10:30am – 12:00pm	Encaustic Art 9:00am-10:00am Open Studio 10:00pm-11:00am	Holiday Deco. Studio 9:30am-11:30am Kid's Art Corner 3:30pm-5:00pm			
9	10	11	12	13	14	15
	Encaustic Art 9:30am-10:30am Holiday Tree Deco. 10:30am-12:00pm For Women: Living with Less Stress 2:00pm-3:00pm	Open Studio 9:00am-10:00am Knitting Circle 10:00pm-11:00am	Open Studio 9:30am-11:30am Parenting Girls Support Group 11:30am – 12:30pm Kid's Art Corner 3:30pm-5:00pm			
16	17	18	19	20	21	22
	Holiday Iris Folding Cards 9:30am-10:30am Holiday Tree Deco. 10:30am-12:00pm For Women: Living with Less Stress 2:00pm-3:00pm	Encaustic Art 9:00am-10:00am Open Studio 10:00pm-11:00am	Parenting Girls Support Group 11:00am – 12:00pm Holiday Party 1:30pm – 3:30pm 			
23	24	25	26	27	28	29
A service of Mono County Behavioral Health and Proposition 63.	Mono County Holiday! Wellness Center Closed!		Parenting Girls Support Group 11:00am – 12:00pm			

The Walker Wellness Center is located at 107655 Hwy. 395 (Just across the Hwy. from the Country Store) Feel free to call us at (530) 495-2363!! Revised 11/01/12

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